



Track 1	Treatment Professionals
Track 2	Individuals & Families
Track 3	General Interest

# Conference Agenda

**Friday, March 2, 2012**

6:00 am - 5:00 pm		Registration
7:00 am - 8:00 am		Continental Breakfast
8:00 am - 8:15 am	Exhibits Open	<p><b>Opening and Welcome</b>  <i>Chevese Turner, CEO, BEDA</i>  <i>Ellen Shuman, President, BEDA</i>  <i>Laura Discipio, LCSW, ANAD</i></p>
8:15 am - 9:15 am		<p><b>Keynote Address</b>  <b>Weight Bias and Discrimination: Nature, Extent, and Necessary Solutions</b>  <i>Rebecca Puhl, PhD</i>  <i>Director of Research</i>  <i>Rudd Center for Food Policy &amp; Obesity at Yale University</i></p>
9:30 am - 11:30 am		<p><b>Plenary Session: Weight Stigma Advocacy from Kindergarten to College</b></p> <p><b>Bullying is Not OK: Bullying, Weight, and How to Intervene</b>  <i>Heidi J. Dalzell, PsyD</i></p> <p><b>Full of Ourselves: A Health, Wellness, and Leadership Program for Prevention of BED</b>  <i>Kourtney Klepfer, LICSW, ACSW</i></p> <p><b>Size Stigma and Binge Eating in Colleges: Fighting the Fear of the Freshman Fifteen</b>  <i>Emma Wood, PsyD</i></p> <p><b>First Do No Harm: Children and Weight</b>  <i>Deborah Kauffmann, RD, LDN</i></p>
11:30 am - 12:30 pm		Lunch & Exhibits

Friday Continued	Treatment Professionals	Individuals & Families	General Interest
12:35 pm - 2:00 pm	<b>Body of Knowledge: Exploring the Clinician's Experience of Body Size and Its Impact on Treatment</b> <i>Judith Matz, MSW, LCSW</i> <i>Deb Burgard, PhD</i>	<b>Recipe for Recovery: Healing the Shame/Trauma Binge Eating Cycle Using Principles of Mindful Eating, Self-Psychology, and Acceptance</b> <i>Wendy Oliver-Pyatt, MD, FAED, CEDS</i>	<b>Understanding Binge Eating Behaviors Through Art and Movement Therapy: Reconnecting the Body, Mind, and Spirit to Uncover the Authentic Self</b> <i>Laura Peroutka, LPC, ATR, MA</i> <i>Tracy Goldenberg, MA, R-DMT</i>
2:15 pm - 3:15 pm	<b>Spirituality and Recovery: Useful Lessons &amp; Practice Tools from a Registered Dietitian</b> <i>Siri Khalsa-Zemel, MS, RD, LDN</i>	<b>Digging Deeper: Three Layers of Work Needed for Recovery</b> <i>Angela Taylor, LCSW</i>	<b>Lessons from the Trenches: Developing, Piloting, and Measuring a BED Treatment Program</b> <i>Tamara Pryor, LPC, PhD</i> <i>Kevin W. Thomas PsyD Intn</i> <i>Casey Martin, MS, NCC</i>
3:15 pm - 3:45 pm	<b>Exhibitors &amp; Coffee Break</b> <b><i>Movement with Rochelle Rice</i></b>		
3:45 pm - 4:45 pm	<b>The Role of Motivational Interviewing in Treating BED</b> <i>Molly Kellogg, RD, LCSW</i>	<b>Moving from an Addictions Model to an Integrative Approach to Eating Disorders Treatment and Recovery</b> <i>Deborah Klinger, MA, LMFT, CEDS</i> <i>Clare Stadlen, MSSW, LCSW</i>	<b>BED and Impulse Dysregulation</b> <i>Divya Kakaiya, PhD, CEDS</i> <i>Kourtney Klepfer, LICSW, ACSW</i>
5:00 pm - 6:00 pm	<b>Bariatric Surgery and BED: A Look at Pre- and Post-Operative Concerns for BED Clients and Potential Need for Surgery Delay</b> <i>Andrew Walen, LCSW-C</i>	<b>But I Want to Lose Weight! How Changing Our Perspective Can Help Us Achieve Our Goals</b> <i>Marsha Hudnall, RD, MS, CD</i> <i>Darla Breckenridge, MS</i>	<b>Is Body Dysmorphia Dissociative? Approaching Binge Eating Symptoms as a Window into Trauma</b> <i>Mark Schwartz, ScD</i>
6:10 pm - 6:40 pm	<b>The Weight of Current Ethical Practices: Overcoming Weight Stigmatization in Youth Through Theater-Based Methods</b> <i>Manuela Ferrari, MHSc., PhD (C)</i>		<b>"Leftovers...the Ups and Downs of a Compulsive Eater." A Multi-Media Approach for Treating Binge Eating and Body Dissatisfaction</b> <i>Ann C. Wilford, MA, MFT</i> <i>Deah Schwartz, ED D, CTRS</i>
6:40 pm - 7:30 pm	<b>Welcome Reception</b> <b><i>Light Refreshments &amp; Cash Bar</i></b>		

# Saturday, March 3, 2012

7:00 am - 5:00 pm	Registration		
7:00 am - 8:00 am	Continental Breakfast		
8:00 am - 9:00 am	Exhibits Open	<p align="center"><b>Keynote Address</b>  <b>Cracking the Code: Finding Meaning in Struggles with Eating, Weight, &amp; Negative Body Image Through Metaphor &amp; Storytelling</b>  <i>Anita Johnston, PhD</i>  <i>Co-founder of the Anorexia and Bulimia Center of Hawaii</i>  <i>Founder of Ai Pono Intensive Out-Patient Eating Disorders Programs in Honolulu</i>  <i>Senior Expert and weekly Clinical Consultant to Focus Center for Eating Disorders and Moonpointe: A Focus Center for Eating Disorders</i></p>	
9:00 am - 9:15 am		<p align="center"><b>Special Performance</b>  <i>Karen Thompson</i>  <i>Musician, Singer, Songwriter</i></p>	
9:15 am - 11:30 am		<p align="center"><b>Plenary Session: Exploring Food Addiction Theory: What Do We Know? Don't We Know? Challenges &amp; Cautions?</b></p> <p align="center"><b>Food and Addiction Disorders</b>  <i>Kimberly Dennis, MD</i></p> <p align="center"><b>Food Addiction, Nutritionism, and Intuitive Eating in the Prevention and Treatment of BED: From Science to Application</b>  <i>Evelyn Tribole, MS, RD</i></p> <p align="center"><b>"Neutralizing" Foods in BED Recovery: An Essential Interplay of Physiology and Psychology</b>  <i>Jillian Lampert, Ph.D., M.P.H., R.D., L.D., F.A.E.D.</i></p> <p align="center"><b>Refrain or Legalize Binge Foods? Comparison of Compulsive Overeating Treatment Approaches</b>  <i>N. Ryan Dean, PhD</i></p>	
11:30 am - 12:30 pm		Lunch & Exhibits	
		<b>Treatment Professionals</b>	<b>Individuals &amp; Families</b>
12:30 pm - 1:30 pm	<p><b>The Use of DBT with Binge Eating Disorder</b>  <i>Diane Mickley, MD, FACP, FAED</i>  <i>Fran Antell, LCSW, MSW</i></p>	<p><b>BED Illuminated: What is It? Who Gets It? How Do We Treat It?</b>  <i>Ellen Shuman, President, BEDA</i></p>	<p><b>Binge Eating Across Childhood, Adolescence and Adulthood in Males: Impact of Teasing and Bullying on Binge Eating Symptoms</b>  <i>Theodore Weltzin, MD FAED</i>  <i>Tracey Cornella-Carlson, MD</i></p>
1:45 pm - 2:45 pm	<p><b>Satisfying Your Soul - the Whole Person Approach to Healing Binge Eating, Emotional Overeating, and Obesity</b>  <i>Carolyn Coker-Ross, MD, MPH</i></p>	<p><b>Sweet Salvation: Living Free from Addictive Eating</b>  <i>Rhona Epstein, PsyD, CAC</i></p>	<p><b>Treatment of BED in a UK NHS Weight Management Service: An Integrated Model Approach</b>  <i>Vanessa Snowdon-Carr, Clinical Psychologist</i>  <i>Vicky Krawec, Specialist Dietitian</i></p>

<b>Saturday Continued</b> 2:45 pm - 3:15 pm	<b>Exhibitors &amp; Coffee Break</b> <i>Movement with Rochelle Rice</i>		
	<b>Treatment Professionals</b>	<b>Individuals &amp; Families</b>	<b>General Interest</b>
3:15 pm - 4:45 pm	<b>From Discovery to Recovery: Nutrition Therapy Case Studies Helping Clients Beat BED</b> <i>Rebecca J. Scritchfield, MA, RD, LD, ACSM, HFS</i> <i>Marci E. Anderson, MS, RD, LDN, cPT</i> <i>Leslie P. Schilling, MA, RD, CSSD</i>	<b>Bariatric Surgeries: Golden Ticket, Temporary Patch, or Ticket to Jail or BED?</b> <i>Kathryn Fink, MS, RD, CSSD, LD</i>	<b>Resolving Body Image and Weight Stigma Issues Through Experiential Strategies</b> <i>Adrienne Ressler, MA, LMSW, CEDS</i> <i>Susan Kleinman, MA, BC-DMT, NCC</i>
5:00 pm - 6:00 pm	<b>Experiential Bodywork: A Sensorimotor Approach to Body Work with Eating Disorders</b> <i>Stephen Schaefer, LCSW</i> <i>Meghan Scears, MD</i>	<b>Arriving at Your Own Door with Body Mind-Fullness: Rediscover Attuned Eating, Acceptance, and What Matters Most</b> <i>Amy Tuttle, RD, LCSW</i>	<b>Lessons Learned in Seeking Insurance Coverage for Anorexia and Bulimia: How to Prepare for BED Inclusion in DSM-V</b> <i>Lisa Kantor, Esq</i>
6:00 pm	<b>Wrap-Up</b>		
6:00 pm - 7:00 pm	<b>Meet &amp; Greet</b> Hosted by <b>The Association for Size Diversity and Health (ASDAH)</b> <i>Light Refreshments</i>		

## Sunday, March 4, 2012

7:00 am - 12:00 pm	Registration		
7:00 am - 8:00 am	<b>Breakfast Plenary: BED in Underserved &amp; Under Recognized Populations</b> Moderated by: Laura Discipio, LCSW (ANAD)  <b>Binge Eating Does Not Discriminate</b> <i>Angela Denise Prater, PhD</i>  <b>Cultural Competency with Regards to Sexuality and Gender in Eating Disorders</b> <i>Rachael Stern, LMSW, LGSW</i>  <b>The Male Face of BED</b> <i>Theodore Weltzin, MD, FAED</i>		
8:15 am - 9:15 am	<b>Bullying, BED, and Suicidality: How to Reverse the Path to Self-Destruction</b> <i>Nicole Siegfried, PhD, CEDS</i> <i>Mary Bartlett, PhD, LPC-CS, NCC, CFLE</i>	<b>The Neurochemistry of a Binge Part II: Attachment, Dissociation, Trauma, Affect Regulation</b> <i>Ralph E. Carson, PhD, RD</i>	<b>Binge Eating Disorder: Self Injury or Self Rescue?</b> <i>Jenny H. Conviser, PsyD</i> <i>Ashley Samson, B.A., MAAT</i>

		<b>Treatment Professionals</b>	<b>Individuals &amp; Families</b>	<b>General Interest</b>
9:30 am - 10:30 am		<b>Medication Options for Patients with BED</b> <i>Diane Mickley, MD, FACP, FAED</i>	<b>What's Eating Our Children? Expressive Therapies to Create Mind, Body, &amp; Emotional Connection for BED</b> <i>Michele Tamarkin, LMFT, CEDS</i>	<b>Social Media as a Tool for Recovery</b> <i>Ashley Solomon, PsyD</i> <i>Dana Udall Weiner, PhD</i> <i>Tina Reale</i>
10:30am - 10:45 am		<b>Coffee Break</b>		
10:45am - 11:45 am		<b>Eating Disorder Treatment After Bariatric Surgery: Presenting Symptoms and Behaviors, Objectives, and Interventions</b> <i>Stephanie Wasserman, PhD</i> <i>Amanda Mellowspring, MS, RD, CEDRD</i>	<b>The Diet Survivor's Circle: Journey to Empowerment</b> <i>Judith Matz, MSW, LCSW</i>	<b>Therapeutic Presence: Recognizing the Presence and Appearance of Ourselves in the Room</b> <i>Jannette Travali, MSCP, MPH, MS, RD, LDN, NCC, LPC</i>
12:00 am - 1:00 pm		<b>Binge Eating Disorder: Psychiatric Condition, Addiction or Both?</b> <i>Kathy Chen, MA</i> <i>Stacy Clark, PhD</i> <i>Jenny Conviser, PsyD</i> <i>Alison Larking, LCSW, CADC</i> <i>Ashley Solomon, PsyD</i>	<b>Amazing Just the Way You Are: Body Image Programs for Obesity and Eating Disorders Prevention</b> <i>Mardie Burckes-Miller, EdD, CHES, CEDS, FAED</i>	<b>Mindful Eating Meditations For BED and Bulimia: Tools For Therapists to Reduce Binge Eating and Enhance Psychotherapy Outcomes</b> <i>Kimberli McCallum, MD, CEDS</i>
1:00 pm - 1:10 pm		<b>Closing Remarks</b>		